Teladoc® HEALTH

Nutrition Help with Teladoc®



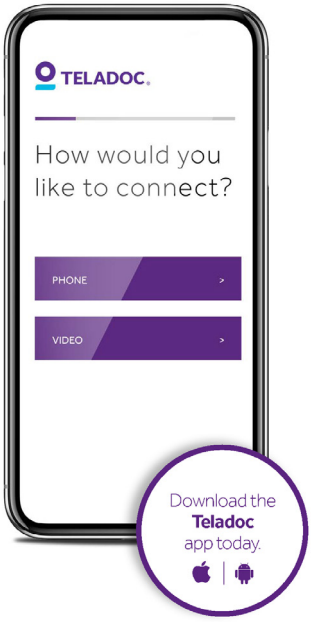
Stay healthy or manage a condition by phone or video

Talk to a Teladoc registered dietitian by phone or video seven days a week (7:00 AM to 9:00 PM local time). We help with:

- Weight management.
- Diabetes.
- High blood pressure.
- Prenatal dieting.
- Other health conditions.

How it works:

1. Download the app, go online or call us to set-up your account or log information.
2. Complete or update a brief medical history.
3. Request a visit and talk to a nutritionist by appointment.



Start finding relief today

Contact a Teladoc physician at **1.800.835.2362**, or by visiting **www.Teladoc.com**. Download the app in the App Store® or Google Play Store™.

Get it on Google play

Download on the App Store

Simple. Transparent. Versatile.
At Meritain Health®, we're creating unrivaled connections.

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